The book traces the history of salt and salt sites from Prehistory to the present. It deals with production as well as techniques, landscapes, trade and uses within a geographical area stretching from the United Kingdom, through France and Spain to Portugal. The biodiversity of salt sites is also addressed, both flora and fauna, with special attention to birds and the integration of salt sites in nature conservation areas. In the final section, the project salt sites, and others, are described in order to promote an ecotourism circuit called The Traditional Salt Atlantic Route. The subjects covered refer to various disciplines such as archaeology, history, geography, ethnography, ecology. Special attention has been paid to the quality and variety of the iconography, some hitherto unpublished, the result of considerable work and research at international level. This is the first time that such a book brings together so much multidisciplinary data on salt and salt sites, both coastal and inland, for the entire European Atlantic Space.